Please obey Japanese traffic laws.

Check the traffic lights and signs at intersections, and always stop at red lights. If you run a red light, you may be held legally responsible for any accident.

It is recommended to use a helmet when cycling.

During your trip, please make sure to see your destination on a map or GPS.

Cycling is not recommended in rain, snow, or high winds.

Be sure to purchase insurance through your rental company.

5.

Healthy Eating

Eat lightly before your trip to avoid stomach problems. Drink plenty of water.

Enjoy your trip and have fun!