

1 continent, 6000 kilometres, 10 countries, 9 weeks, 4 pannier bags, 1 man, no detailed plan... and a bike called Reggie.

Secondary school teacher Andrew Sykes moves out of the classroom, climbs onto his bicycle and sets off along the route of the Eurovelo 8, from the southern tip of Greece to the Atlantic coast of Portugal.

However, this is more than just a cycling tale of border crossings and big hills, as our would-be adventurer perspires his way through a hot and sticky mix of Mediterranean landscapes, life and culture.

Join Andrew as he travels Along The Med on a Bike Called Reggie: an inspirational and light-hearted travelogue for cyclists and non-cyclists alike.

"Andrew Sykes has a great writing style."

"I found his writing made me want to keep turning the pages. His self-deprecating approach and dry, delightful wit are a joy."

"Sykes has an endearing, almost vulnerable quality: his observations are very witty."

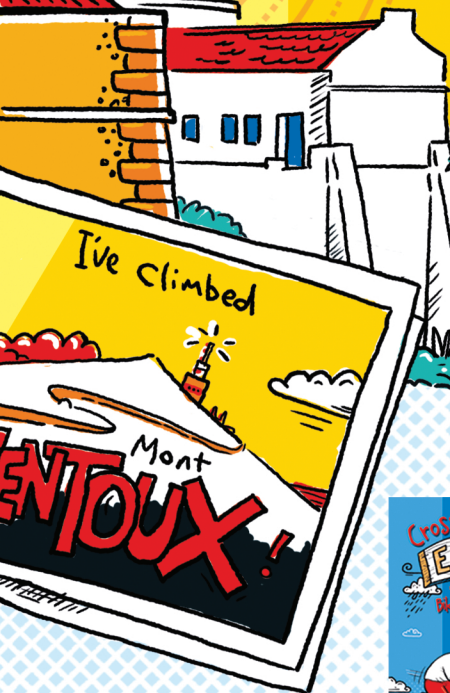
"The author writes with warmth and wit, and does an excellent job of capturing every emotion and every landscape..."



Along The Med on a Bike Called Reggie

Along The MED. on a Bike Called Reggie

From the author of
'Crossing Europe on a Bike Called Reggie'



Also by the same author...

Reggie & Andrew on tour

cyclingeurope.org

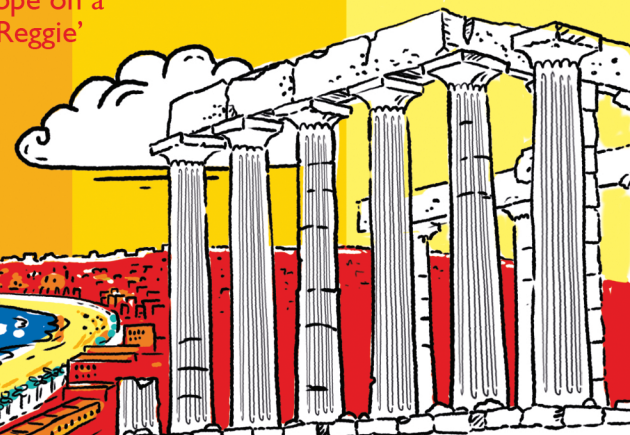
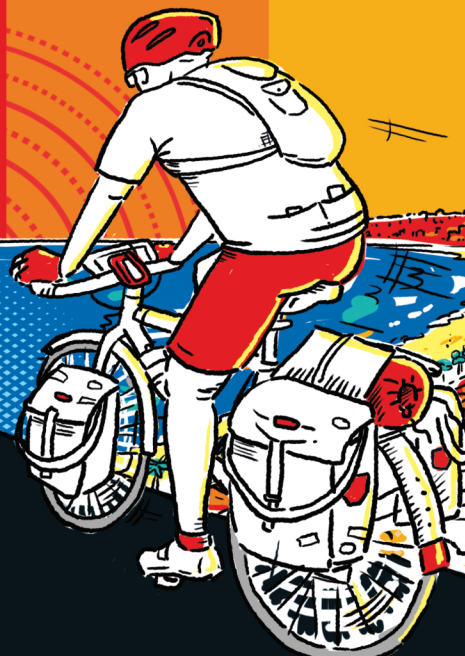
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Andrew P Sykes

Cycling Europe



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