

The academic year must have been a difficult one as when the summer holidays arrived, secondary school teacher Andrew Sykes was happy to do as little as possible. But while sitting on his sofa watching the exploits of the cyclists at the Great Wall of China at the Beijing Olympics, he realised the error of his ways and resolved to put a bit more adventure into his life. Two years later, accompanied by his faithful companion Reggie (his bike) but only a rudimentary plan, Andrew set off on a trans-continental cycling adventure that would take him along the route of the Via Francigena and the Eurovelo 5 all the way from his home in southern England to Brindisi in the south of Italy. There were highs and lows, rain and shine, joy and despair and they are all recounted here in light-hearted, brisk style.



What the reviewers have said :

"I cannot recommend a better book to read for inspiration."
(Chris Peck, CTC Cycle magazine)

"...a wonderful, witty and inspiring book."

"Best cycling book I've read to date... the style is both informative and amusing."

"One can positively taste, smell, hear and touch his journey..."

"Ranked along with Murphy, Dew, Beaumont and Enfield on my bookshelf"

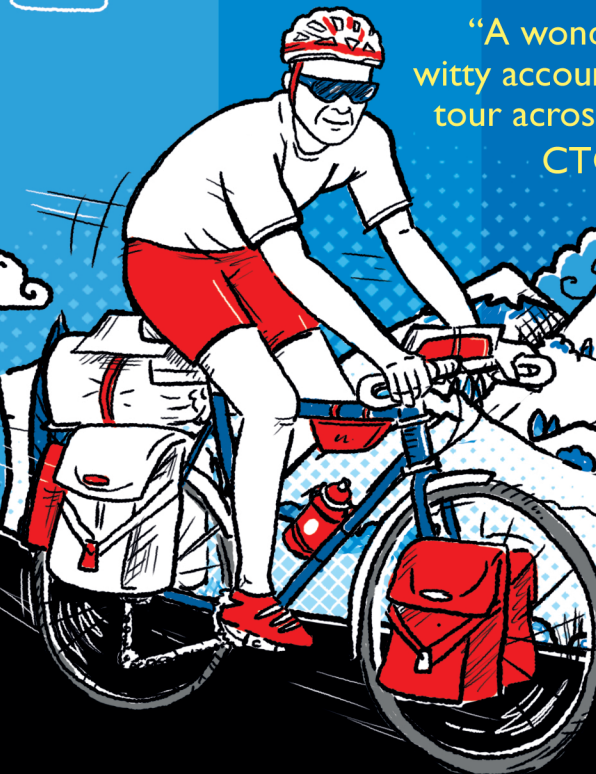
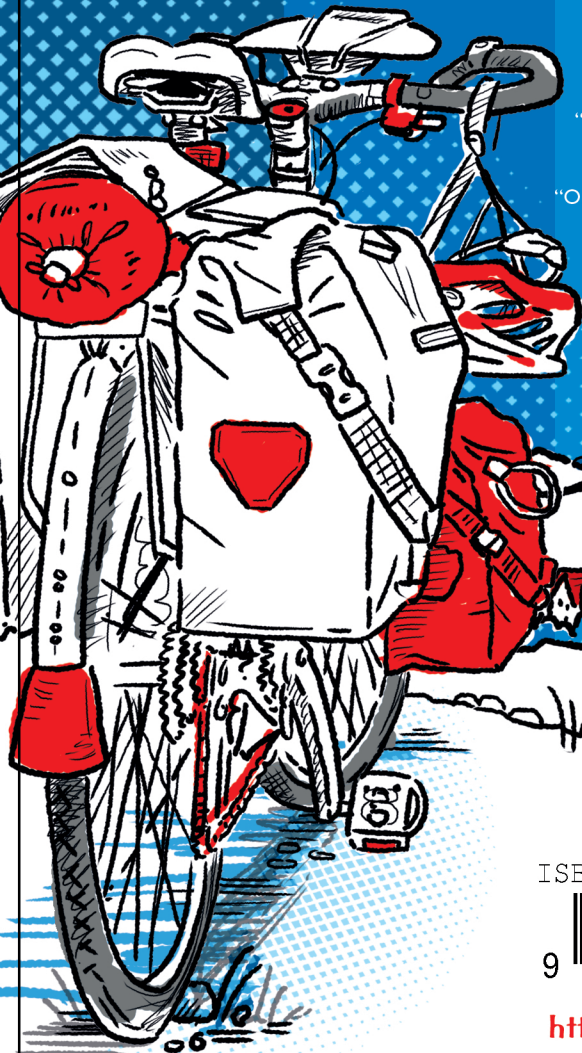
"This is a great book...one of those that make you tired because you end up reading late into the night!"

Crossing Europe on a Bike Called Reggie

Crossing EUROPE

on a Bike Called Reggie

"A wonderful, witty account of a cycle tour across Europe"
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Andrew P Sykes

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